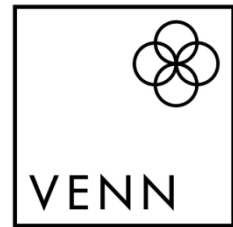


# Mountbatten Primary School

## Sex and Relationships Policy

<b>Reviewed By</b>	<b>Approved By</b>	<b>Date of Approval</b>	<b>Version Approved</b>
Kayleigh Whiteley	Governing Body	27.2.20	



## Introduction

The Sex Education Forum defines Sex and Relationships Education (SRE) as learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health.

The aim of SRE is to equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships, and to take responsibility for their sexual health and wellbeing, for example:

- **physical** development, for example how our reproductive systems work,
- **emotions**, like how to manage feelings, and
- the **social** side of it, such as positive and negative influences from friends.

The teaching of Sex and Relationship Education has three main elements:

- Attitudes and values
- Personal and social skills
- Knowledge and understanding

Sex Education at Mountbatten Primary School is seen as part of a wider health education programme. The children follow this programme from the Foundation Stage to Year 6, each year adding to and extending their knowledge, following the Jigsaw PHSE programme.

As a result, Sex and Relationships Education will be taught using appropriate knowledge and vocabulary for each year group throughout the school. We always wish to involve parents in understanding and supporting what is being taught in school and this is especially important in Sex and Relationship Education. At the stage when human reproduction is to be taught, parents will be invited to discuss the work being undertaken and allowed to view any films or video resources that will be used.

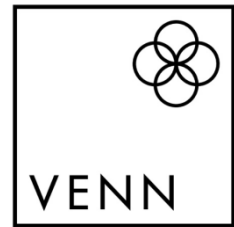
## Aims

Our aim is to teach children about Sex and Relationship Education in a framework of moral considerations, family life and personal relationships appropriate to the age and maturity of the children. At Mountbatten we recognise that our children come from many different backgrounds, and this should be taken into consideration when planning and delivering SRE.

## Objectives

Children will have an understanding of:

- Dealing with their own feelings and those of others
- Growth of animals, plants and humans



- Relationships
- Caring for others and themselves
- Body maintenance
- Reproduction in plants, animals and people

### **Sex and Relationships Education in the Curriculum**

Some of the learning objectives can be met through the Science curriculum (Life and Living Processes). However, Sex and Relationship Education is a major part of our health curriculum and is therefore taught as part of the PSHE curriculum, the using Jigsaw programme.

### **Sex and Relationships Programme**

At Mountbatten Primary, Sex and Relationship Education is an integral part our curriculum for PSHE (personal, social and health education) which is delivered through the Jigsaw programme by class teachers.

By delivering Sex and Relationship Education in this way we can ensure that pupils receive their Sex Education in the wider context of relationships and are prepared for the opportunities, responsibilities and experiences of adult life.

The combined PSHE framework at Key Stages 1 and 2 is developed through four broad themes these are:-

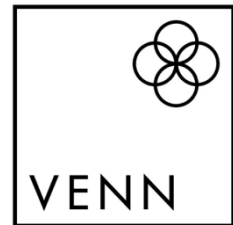
- Developing confidence and responsibility and making the most of pupil's abilities
- Preparing to play an active role as citizens
- Developing a healthier, safer life style, and
- Developing good relationships and respecting differences between people.

At our school we shall endeavour to ensure that Sex and Relationship Education shall contribute to the foundation of PSHE and Citizenship by ensuring that all children:-

- Develop confidence in talking, listening and thinking about feelings and relationships
- Are able to name body parts and describe how their bodies work
- Can protect themselves and ask for help and support
- Are prepared for puberty.

### **Jigsaw PSHE**

The school will follow the content of the Jigsaw PSHE scheme. Jigsaw covers all areas of PSHE for the primary phase. The 'Changing Me' puzzle will teach the



specific learning outcomes for Sex and Relationships education. Each year has a different piece of the same puzzle. Overall, the puzzle will look at change and coping with change in lots of contexts, so changes as we grow up and enter puberty are seen as one sort of change that we can all cope with.

Teaching will generally be in mixed ability class groups. However, time is given for single sex sessions when appropriate. Parts of the curriculum in Y5/6 are delivered with the support of the School Health Service. School nurses, midwives and health visitors may visit the school and deliver elements alongside the Y5/6 staff using agreed materials.

### **Children with Special Needs**

The Sex and Relationship Education programme is available to all pupils. Children with SEN will not be denied access to Sex and Relationship Education and their individual needs will be catered for – appropriate staff will be made available to talk to pupils and work through issues if necessary to ensure needs are met.

### **Child Protection**

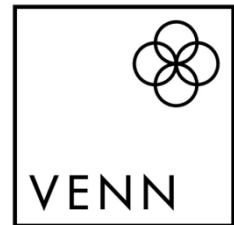
At Mountbatten Primary School we are very aware that children cannot learn effectively if they are concerned or frightened about being abused or being victims of violence in the home. Children have a right to expect that our school will be a safe and secure environment. Throughout Sex and Relationship Education work teachers must carefully watch out for fears or worries presented by children and this should not go unnoticed. It needs to be recognised that effective Sex and Relationship Education, which brings an understanding of what is and is not acceptable in a relationship, can lead to a disclosure of a child protection issue.

If it is suspected that a child is a victim of abuse or they have reason to believe that he/she is at risk of abuse, this should be dealt with in accordance with the schools Child Protection Policy.

If a member of staff is approached by a child who is sexually active or is contemplating sexual activity, this should be viewed as a child protection issue, the Designated Safeguarding Lead informed with information logged on CPOMs.

### **Parental Rights**

Parents will be informed before the pupils are taught the Changing Me unit from Jigsaw. They will also be informed when the Year 5 children will be learning about menstruation. Parents will be informed when Year 6 children will begin their Sex and Relationships Education. Parents will be invited to preview the material and will have the right to withdraw their child if they wish. From September 2020, Relationship



education will be statutory within Primary Schools and attendance in therefore mandatory for all pupils.

### **Role of the Subject Leader**

It is the responsibility of the subject leader for PSHE to monitor the standards and the quality of teaching and learning in Sex and Relationship Education and ensure it is being delivered following the Jigsaw PSHE programme. Monitoring may involve looking at planning, scrutinising work, lesson observations and pupil voice. Pupil voice is valued and helps to inform the vision and aims of SRE across the school, pupils are interviewed to gain an insight into the subject.

This policy will be reviewed every two years.