



Weekly learning pack

FS1

Phonics

Task 1

1. Sing the alphabet song
2. Get a grown up to write all of your families names on separate pieces of paper. Put them all in the middle, can you find your own name?
3. Once you have found your name ask a grown up to cut the individual letters out in your name and shuffle them up – can you put them back in the correct order?

Key Questions

1. Whose name is this?
2. What letters are in your name?



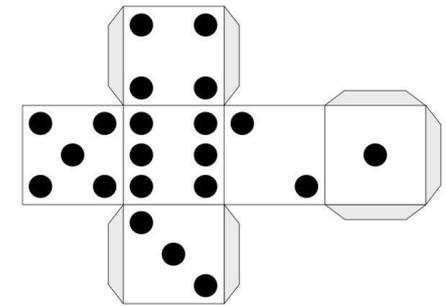
Challenge!

Can you have a go at writing your own name?

Maths

Task 1

1. Practice counting from 1 – 10 and then beyond.
2. Introduce numbers 1 – 10 (beyond if they are comfortable with these numbers) to the child, these can be hand written. Ask your child to order the numbers they recognise.
3. Play 'roll a tower' – Roll a dice (if you do not have a dice at home they can be easily made from a piece of paper or old cube box) count the dots on the dice and build a tower with that many bricks/pillows/tins/boxes. Take it in turns to roll and add that amount to your tower.



Challenge!
Can you challenge a family member? Roll the dice and build your towers. Introduce another dice and when you roll that one you can **TAKE AWAY** that amount of bricks from their tower!

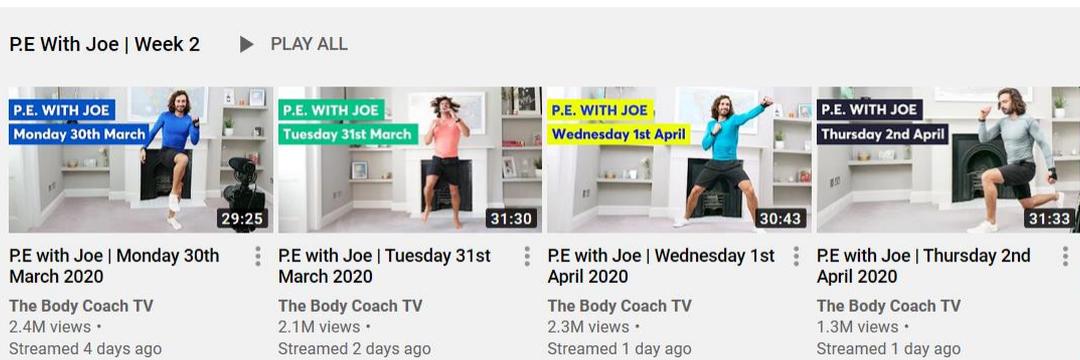
Other areas of learning

Task 1 – PE

PE with Joe Wicks!

Every weekday morning at 9am Joe Wicks streams a live PE session from his YouTube channel 'The Body Coach'. Get the whole family to join in with one of his workouts. Don't forget to add your photos to tapestry and twitter! If you are busy at 9am then the workouts are still available after that time on his YouTube page.

<https://www.youtube.com/user/thebodycoach1>



Challenge!
Can you make up your own workout session? You can be Joe and lead your family in a workout!

Task 2 – Art

Rainbow

Children all across the country have been drawing and painting rainbows to stick in their windows to make people smile.

Can you make your own window rainbow?

If you have already made one then maybe you could make one for a neighbour and get a grown up to post it through their door?



Challenge!

Can you name all of the colours of the rainbow?

Can you sing the rainbow song?

<https://www.youtube.com/watch?v=nRTdq0VsLGO>

Task 3 - PSHE

Healthy Me

Look in your cupboards at home and help a grown up make some lunch for you and your family.
What ingredients will you use?
What healthy ingredients could you use? What will you have as a little treat for after your healthy lunch?



Challenge!

Can you name some healthy and unhealthy snacks?

What makes them healthy/unhealthy?

Task 4 - Music

#JigsawBigSing

Enter the jigsaw big sing to be in with a chance to become FAMOUS and be featured on their music video release! Follow the link for more information:

<https://www.jigsawpshe.com/jigsaw-big-sing/>



Challenge!

Can you make up your own song or learn the words from your favourite song? Ask a grown up to record you singing and don't forget to Upload it onto tapestry!