



Weekly learning pack

FS1

Phonics

Task 1

1. Sing the alphabet song
2. Introduce the following sounds to your child... s, a, t, p, i, n. You can write them on scrap pieces of paper. These are the first sounds that we introduce to the children to enable them to become independent readers and writers. For example, they will learn to orally blend the sounds s-a-t to make the word **sat** and p-i-n to make the word **pin** etc.

Segmenting

In addition they will also start learning to orally segment words. For example, they might be asked to sound out sat. So they will begin to break the word down and say “s-a-t”.



Challenge!

Can you blend the following words:

s-a-t, t-a-p, p-a-t,
p-i-n, n-i-p, p-a-n
s-i-t, s-i-p, s-i-n.

Maths

Task 1

1. Recite numbers to 10 and beyond. Practise this everyday encouraging your child to count as high as they can. Practise counting the steps whilst going up and down the stairs and count how many steps your garden path is etc..
2. Collect lots of socks and then ask your child to lay on the floor. Explain to them that you are going to see 'how many socks long they are'. Position the socks at their side from head to toe then ask your child to move aside.
3. Ask your child to count the socks used.



Challenge!

Can you measure your family members in socks and count how many socks long each person is?

Other areas of learning

Task 1 – PE

Keep fit and healthy with your family and try the following exercises

1. Six over head stretches (three each side).
2. Jog on the spot for one minute.
3. Five start jumps.
4. Hop on spot for one minute.
5. Five squats.
6. Jog on the spot for one minute.
7. Touch your toes six time (three each side). This can be done whilst you're sitting down, standing up or you could try both!

Increase the length of time and the amount of each exercise as and when required.

Challenge!

Can you name some healthy food drinks?

Can you name some unhealthy food and drinks?





Task 2 – Art / D&T

Create a superhero

We know how much your children love superheroes. Ask them to draw their favourite or create it by using some resources that you have within your home.



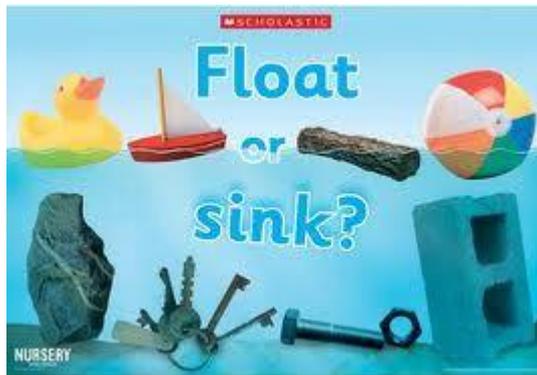
Challenge!

Can you draw/create your very own superhero?
This could be a fictional one or a real person such as a family member.
We would love to see your superheroes on Tapestry.

Task 3 – Science

Floating and sinking

1. Collect some objects from around your house and garden such as a peg, a coin, a crayon, a button, a pen and a spoon etc.
2. Fill a washing up bowl with water and ask your child to predict whether each object will sink or float.
3. Make a grid like the one below so your child can see if their predictions were correct.



Challenge!

Using resources within your home can you create an object that you think will float?
We would love to see these on tapestry.

Task 4 – Technology & PSHCE

Discussing feelings and taking photographs

1. Ask your child to pull a variety of faces...sad, happy, excited, frightened and upset etc. Take a photograph of each expression and then ask your child to tell you what makes them feel all of the above emotions.

Challenge!

Take photographs of your parents and siblings whilst they are making different expressions. Ask them what makes them feel all of the different emotions.

