



NC OBJECTIVES	KEY KNOWLEDGE AND VOCABULARY
<ul style="list-style-type: none"><li>• Notice that humans have offspring that grow into adults</li><li>• Find out about and describe the basic needs of humans for survival</li><li>• Describe the importance of exercise for humans, eating the right amounts of food and hygiene</li></ul> <p><u>Working Scientifically</u></p> <ul style="list-style-type: none"><li>• Ask simple questions and recognise that they can be answered in different ways</li><li>• Observe closely using simple equipment</li><li>• Perform simple tests</li><li>• Identifying and classifying</li><li>• Using observations and ideas to suggest answers to questions</li><li>• Gathering and recording data to answer questions</li></ul>	<ul style="list-style-type: none"><li>• Know how <b>humans</b> grow as they get older</li><li>• Know how the human body grows over time</li><li>• Describe some changes in the human body over time</li><li>• Know why humans have <b>babies</b></li><li>• Know that humans give birth to <b>live offspring</b></li><li>• Know that the basic needs of humans are <b>food, water and air</b></li><li>• Know that humans need their <b>basic needs</b> met for <b>survival</b></li><li>• Know that the <b>habitat</b> and <b>environment</b> provide some things that humans need</li><li>• Know that eating a <b>healthy, balanced diet</b> is important</li><li>• Know what a healthy, balanced diet is</li><li>• Know why a healthy, balanced diet is important</li><li>• Know about foods which are more or less <b>healthy</b></li><li>• Know which foods should eat more of</li><li>• Know which foods should eat less of</li><li>• Know why exercise is important to keep the body healthy</li><li>• Know how different <b>exercises, sports and activities</b> affect different parts of the body</li><li>• Know what being <b>hygienic</b> is</li><li>• Know how to be hygienic</li></ul>