



# Weekly learning pack

FS1

# Phonics

## Task 1

1. Sing the alphabet song
2. Recap the following sounds... s, a, t, p, i, n then introduce the new sounds...m and d. Again these can be wrote on scrap pieces of paper. These extra two sounds will give your child the opportunity to blend and segment more words.



Try and blend the following words

i.t, i.s, s.i.t, p.i.t, t.i.p, p.i.p, s.i.p,  
a.n, i.n, n.i.p, p.a.n, p.i.n, t.i.n, t.a.n,  
n.a.p,  
a.m, m.a.n, m.a.m, m.a.t, m.a.p,  
P.a.m, T.i.m, S.a.m,  
d.a.d, a.n.d, s.a.d, d.i.m, d.i.p, d.i.n,  
d.i.d and S.i.d

### Challenge!

Now try and segment  
the above words.  
Remember this time  
your adult says the  
word and you sound it  
out.

# Maths

## Task 1 – Find the missing numeral

1. Recite numbers to 10 and beyond. Continue to practise this everyday encouraging your child to count as high as they can.
2. Using lolly sticks adult to write numbers 1–10 on each but leave a number out.
3. On wooden pegs write a number between 1-10 on each.
4. Ask your child to work out the missing number on the lolly stick.
5. Find the peg with the correct number on it and fix it in the correct position on the lolly stick.

\*No lolly sticks or wooden pegs? No problem! Numbers can be wrote on strips of paper then have another set of numerals to place on the strips.



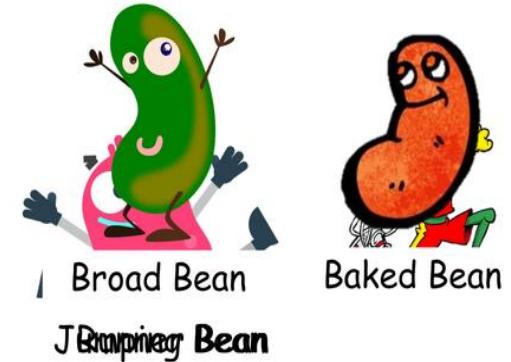
### Challenge!

Can you count ten objects?

Other areas of  
learning

## Task 1 – PE – The Bean Game

1. This game can be played both indoor and outdoor.
2. Ask your child and their siblings (if any) to find a space, enough room to make sure their arms/hands are not touching.
3. Call out a different named bean and your child is to do that action. For example, a runner bean they will run on the spot, jumping bean they will jump on the spot and a jelly bean they will shake like a jelly.
4. Please find instructions on the slide below if you are not aware of the game. This consists of a variety of beans and actions.



**Challenge?**  
Can you think of  
any more  
actions for new  
beans?

# PE- Continued...The Bean Game

## "Magic Beans"

You will need - Whole class; large space.

**Actions**

		
<b>Broad beans</b> Stand with legs apart and arms out to the side.	<b>Stick beans</b> Stand tall with arms at sides.	<b>Baked beans</b> Sit down with feet off the ground.
		
<b>Runner beans</b> Run around.	<b>Jumping beans</b> Jump.	<b>Frozen beans</b> Freeze (stay still)
		
<b>Chilli beans</b> Shiver.	<b>Jelly beans</b> Wobble.	<b>Magic beans</b> Run around (avoid getting caught)

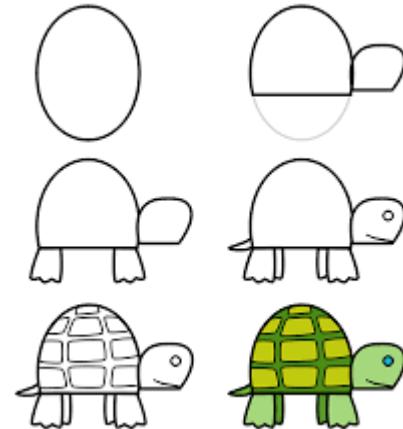
**What you do**  
After a warm – up session, introduce the game "Magic Beans" and explain/demonstrate the different actions. When you shout "Magic beans" you have to catch two children and they become your helpers. The game continues until there's one boy and girl left.

**Areas of Learning**

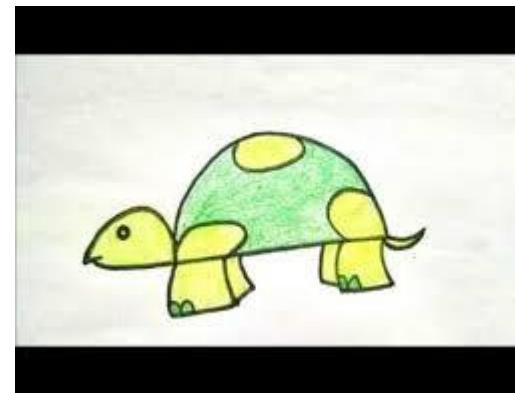
- Language
- Literacy
- Communication
- Physical Development

## Task 2 – Art & Exploring and using Media & Materials

Because we all love the song ‘I Had a Little Turtle’ that we sing at nursery, I thought you could draw or create your own turtle. There are some step by step instructions on the right on how to draw a turtle or you may just want to draw, paint or create one yourself.



Challenge! the slide below if your family want to join  
Can you sing the turtle song to your family?  
The lyrics are on in with you.



# Lyrics

## I Had a Little Turtle

I had a little Turtle,  
His name was Tiny Tim.  
I put him in the bathtub,  
To see if he could swim.

He drank up all the water  
And ate a bar of soap.  
And now he's in his bed,  
With bubbles in his throat.

Bubble, Bubble, Bubble,  
Bubble, Bubble, Bubble,  
Bubble, Bubble, Bubble  
Bubble, PoP!

0 COMMENTS 

## Task 3 – Science – Does it Dissolve?

1. Take five or six food items from your cupboards i.e. sugar, flour, salt, rice, pasta, gravy granuales, curry powder etc and pour a small amount into different tubs/empty yoghurt pots etc.
2. Half fill five or six tubs/cups with cold water.
3. In turn take a pinch of each food item and gently drop it into the water and mix with a spoon.
4. Has your food item dissolved?
5. With help from your adult can you make a list of the food items that dissolved and those that didn't.



### **Challenge!**

Now try the food items in warm water. Do they dissolve now?

**Remember!** Your adult will need to pour the warm water out and you must be very careful when mixing.

## Task 4 – Exploring and Using Media and Materials and Maths

1. Draw ten ice-cream cone shapes and cut them out. (Adult help may be required)
2. Write a number from 1-10 on each of them. (Again adult help may be required)
3. Place these in numerical order from 1-10.
4. Using pompoms, buttons, coins or any other small objects and match the correct quantity to the number on the cone.



### Challenge!

What number ice-cream comes after number ten?