Mountbatten Primary School Long Term Plan



Subject: PE

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
FS2	Beanbag skills Invasion	Gymnastics Balance	Dance Fictional Characters Julia Donaldson	Ball Skills at the Zoo Invasion	Bats and Balls at the circus Net Games	Fun with Quoits & Cones Athletics
Year 1	Throwing & catching Invasion	Dance The UK Celebrations	Ball Control Invasion	Gymnastics Position and Direction	Balance and Control Striking Net Games	Athletics
	Athletics Running and Jumping	Partner Games (Strike & Field)	School Games Pack	British Gymnastics	Creative Play Outdoor Adventure	Fundamentals
Year 2	Kicking & Dribbling (Invasion - Hockey & Football)	Dance The UK traditional dances	Gymnastics 2D & 3D shapes	Striking for accuracy Net Games	Sending & Receiving (Invasion)	Movements
	Rule Making Oudoor Adventure	Group Games Strike & Field	British Gymnastics	School Games Pack	School Games Pack	Athletics
Year 3	Dance Style Bollywood	Dribbling to Invade (Invasion –	Gymnastics Symmetrical Shapes	Over the net Net Games	Being an Athlete Athletics	Thinking Aloud - Outdoor & Adventurous
	Passing for Possession (Invasion – Basketball & Football) MPB	Hockey & Football) School Games Pack MPB	School Games Pack MPB	Striking & Exploring (Strike & Field) MPB	MPB	School Games Pack MPB

Year 4	Dance- Science Electricity	Dribbling, Movement & Teamwork	Gymnastics What's my direction?	Decisions - Outdoor & Adventurous	Record Breaking Athletics	Returning N Games
	Passing & Moving Invasion Netball & Basketball MPB	(Invasion – Football & Hockey) School Games Pack MPB Swimming	Fielding Strike & Field MPB	School Games Pack MPB	MPB	Invasion Gan Rugby Leag MPB
Year 5	Accuracy & Rallies Net Game	Gymnastics Abstract Angles	Dance Style Rock & Roll	Invasion in a team (Invasion – Hockey & ball	Leadership - Outdoor & Adventurous	Olympic Training Athletics
	Swimming	Rules & Concepts	Exploring Striking &	skills)	Striking &	MPB
	School Games Pack MPB	Invasion Football & Netball MPB	Fielding MPB	School Games Pack MPB	Fielding – Cricket MPB	
Year 6	Net Games for points - Net Games	Dance Style Street Dance	Gymnastics Perfecting – In which quadrant?	Invasion to score (Invasion – Hockey &	Finding Success Outdoor & Adventurous	Going For G Athletics
	Invasion Games - Rugby League MPB	Invasion Competitive Netball & Basketball MPB	Striking & Fielding Teamwork MPB	Football) School Games Pack MPB	Rounders MPB	Dance with FC MPB

MPB = My Personal Best using playground gym equipment.