



# Mountbatten Primary School

## PSHE Policy



1	Summary	PSHE Policy		
2	Responsible person	Kayleigh Whiteley		
3	Accountable SLT member	J Wegg		
4	Applies to	<input checked="" type="checkbox"/> All staff <input type="checkbox"/> Support staff <input type="checkbox"/> Teaching staff		
5	Who has overseen development of this policy	SLT		
6	Who has been consulted and recommended policy for approval	LGB		
7	Approved by and date	Autumn 2023 – Governing board.		
8	Version number	1		
9	Available on	Every	<input type="checkbox"/> Y <input checked="" type="checkbox"/> N	Trust website <input type="checkbox"/> Y <input checked="" type="checkbox"/> N Academy website <input checked="" type="checkbox"/> Y <input type="checkbox"/> N SharePoint <input checked="" type="checkbox"/> Y <input type="checkbox"/> N
10	Related documents (if applicable)			
11	Disseminated to	<input checked="" type="checkbox"/> Trustees/governors <input checked="" type="checkbox"/> All staff <input type="checkbox"/> Support staff <input type="checkbox"/> Teaching staff		
12	Date of implementation (when shared)	September 2023		
13	Consulted with recognised trade unions	<input type="checkbox"/> Y <input checked="" type="checkbox"/> N		



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## 1. Introduction

At Mountbatten Primary School we carefully design, plan and implement an ambitious curriculum to provide breadth, depth and balance for every pupil. Our balanced approach to the curriculum is not at the expense of high standards in core subject areas and ensures that all pupils access the full curriculum. High standards and enabling all pupils to reach their potential is of vital importance if they are to succeed at the next stage of their education, and to go on to achieve in their chosen career path.

Through careful sequencing of the curriculum, we build in many opportunities to build on prior learning of knowledge, skills, vocabulary and understanding in every subject. This ensures that pupils are able to make links between prior learning and new learning; and gradually develop a deeper understanding of the skills and processes within subject, at their own pace and in the best way possible for each individual child.

Our full and rich curriculum, with its excellent range of experiences, ensures that every pupil at Mountbatten Primary School makes excellent progress academically and personally, while ensuring that every child is given the opportunity to shine and flourish.

### 1.1. Intent

- The PSHE curriculum is designed to equip all pupils with life skills across that they can apply in school, at home and in future life.
- Develop the attributes and qualities that pupils need to thrive as individuals, as family members and members of our society.
- Prepares pupils to manage opportunities, challenges and responsibilities they may face.
- Creates opportunities to connect and apply knowledge and understanding of what they learn to real-life situations.
- Make pupils feel safe and secure to reach their full academic potential.
- Promote the values needed to live in Modern Britain – democracy, rule of law, individual liberty, mutual respect and tolerance.
- Promoting well-being, including spiritual, moral, cultural, mental and physical development of pupils in school and in wider society.
- Educate pupils in all aspects of relationships, including sex education, gender and orientation



## 2. Scope of the policy

Personal, Social and Health Education (PSHE) is an integral part of school life. It is primarily concerned with the development of the whole child, and enables them to reflect on their own personal and social development. It has a huge impact on children's self-esteem and consequently their academic success. Children who feel good about themselves learn more easily, have a positive attitude to life and are more likely to succeed.

Through the teaching of PSHE children will begin to understand and respect the diversity and differences in our society and in doing so will go on to develop the effective relationships needed for a fulfilling life.

The objectives of PSHE are to enable children to:

- Know and understand a healthy lifestyle
- Be aware of safety issues
- Understand what makes for good relationships with others and have respect for others
- Become independent members of a community
- Become positive and active members of a democratic society
- Develop self-confidence and self-esteem, and make informed choices regarding personal and moral issues
- Develop good relationships with other members of the community

## 3. Implementation of the policy

Mountbatten Primary School teaches PSHE through the Jigsaw program. It is a whole school approach and all children cover the same theme which is tailored to be year group appropriate. The Jigsaw themes are:

- Being Me in My World
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

Each week, two assemblies are delivered around the weekly celebration themes.

Jigsaw is a program of timetabled weekly lessons. In addition, opportunities for PSHE also occur in subjects such as Science, RE, Geography, PE and English. Enrichment is also provided through visitors, educational visits and extra-curricular activities.



### **3.1. EYFS**

Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive 9 relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.

### **3.2. Key Stage One and Two**

PSHE in Key Stage 1 is taught using the Jigsaw program resources. Each topic is referred to as a 'puzzle', each half term the children complete a different puzzle. The topics taught each half term are the same for each year group with the objectives differing in order to show a progression of skills and knowledge in each year group. The Jigsaw pack contains a range of resources including lesson plans which teacher can adapt accordingly. Each lesson plan is split into clear sections. These sections include; vocabulary, teaching and learning and questions to be asked throughout the session.

Relationships Education is now statutory in Primary Schools as of September 2020. At Mountbatten Primary School, this is a fundamental part of our teaching already and we teach relationships and sex education at an age appropriate level in every year group. The Relationships and Changing Me puzzles are taught in the Summer term of each academic year. Children explore a range of topics which include knowing how to make friends, respecting one another's views and opinions and knowing what makes a healthy good relationship. Sex education is taught in the changing me puzzle. The lessons are planned very carefully so that children explore sexual education at an appropriate level for their age. Parents are aware that their children are taught about relationships and sex education and a letter is sent home to explain to parents what the children will be learning about.

Jigsaw is written as a universal core curriculum provision for all children. Inclusivity is part of its philosophy. To help teachers differentiate for children in their classes with SEN, each puzzle includes a P level grid with suggested activities for children working at that level.