



Mountbatten Primary School

Relationships and Sex Education Policy



1	Summary	Relationships and Sex Education Policy			
2	Responsible person	Kayleigh Whiteley			
3	Accountable SLT member	Jamie Wegg			
4	Applies to	<input checked="" type="checkbox"/> All staff <input type="checkbox"/> Support staff <input type="checkbox"/> Teaching staff			
5	Who has overseen development of this policy	Kayleigh Whiteley and Jamie Wegg			
6	Who has been consulted and recommended policy for approval	LGB			
7	Approved by and date	Autumn 2023 – Governing board.			
8	Version number	1			
9	Available on	Every	<input type="checkbox"/> Y <input checked="" type="checkbox"/> N	Trust website Academy website SharePoint	<input type="checkbox"/> Y <input checked="" type="checkbox"/> N <input checked="" type="checkbox"/> Y <input type="checkbox"/> N <input checked="" type="checkbox"/> Y <input type="checkbox"/> N
10	Related documents (if applicable)	PSHE Policy Safeguarding and Child Protection Policy			
11	Disseminated to	<input checked="" type="checkbox"/> Trustees/governors <input checked="" type="checkbox"/> All staff <input type="checkbox"/> Support staff <input type="checkbox"/> Teaching staff			
12	Date of implementation (when shared)	September 2023			
13	Consulted with recognised trade unions	<input type="checkbox"/> Y <input checked="" type="checkbox"/> N			



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1. Introduction

The Sex Education Forum defines Relationships and Sex Education (RSE) as learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health.

The aim of RSE is to equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships, and to take responsibility for their sexual health and wellbeing, for example:

- **physical** development, for example how our reproductive systems work,
- **emotions**, like how to manage feelings, and
- the **social** side of it, such as positive and negative influences from friends.

The teaching of Relationships and Sex Education has three main elements:

- Attitudes and values
- Personal and social skills
- Knowledge and understanding

Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.

This is why from September 2020, Relationships Education is now compulsory in all primary schools in England and Relationships and Sex Education compulsory in all secondary schools, as well as making Health Education compulsory in all state-funded schools. The key decisions on these subjects have been informed by a thorough engagement process, including a public call for evidence that received over 23,000 responses from parents, young people, schools and experts and a public consultation where over 40,000 people contacted the Department for Education.

RSE will be taught sensitively and inclusively, with respect to the backgrounds and beliefs of pupils and parents while always with the aim of providing pupils with the knowledge they need of the law



Sex Education at Mountbatten Primary School is seen as part of a wider health education programme. The children follow this programme via weekly Jigsaw PSHE lessons from the Foundation Stage to Year 6, each year adding to and extending their knowledge. As a result, Sex Education will be taught at varying levels throughout the school.

We always wish to involve parents in understanding and supporting what is being taught in school and this is especially important in Relationships and Sex Education. At the stage when human reproduction is to be taught, parents will be invited to discuss the work being undertaken and allowed to view any films or video resources that will be used.

2. Scope of the policy

Our aim is to teach children about Relationships and Sex Education in a framework of moral considerations, family life and personal relationships appropriate to the age and maturity of the children. At Mountbatten we recognise that our children come from many different backgrounds, it must be borne in mind that some children belong to one parent families, some are adopted and some children live in families that are not very stable, this will therefore, require sensitive handling.

2.1. Objectives

Children will, by the time of leaving Mountbatten Primary School, have an understanding of:

- Dealing with their own feelings and those of others
- Growth of animals, plants and humans
- Relationships
- Caring for others and themselves
- Body maintenance
- Reproduction in plants, animals and people

3. Implementation of the policy

Although Sex Education (not including scientific sex education teaching in the Science curriculum) is not statutory in Primary Schools, at Mountbatten we believe that it is extremely important that our pupils are taught age appropriate objectives throughout their time in Primary school. Some sex education topics will be taught mainly through Science in some year groups.

However, Relationships and Sex Education is a major part of our health curriculum and is therefore taught as part of the PSHE timetable. During the Summer Term, every year group will be taught using the 'Changing Me' materials from the Jigsaw program. The focus in primary school should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.



Our main aim is to empower our children to be able to make informed and safe decisions about their own body and know when and who to talk to if they feel unsafe or unsure about anything in their life.

3.1. Jigsaw PSHE

The school will follow the content of the Jigsaw PSHE scheme. Jigsaw covers all areas of PSHE for the primary phase. The 'Changing Me' puzzle will teach the specific learning outcomes for Relationships and Sex Education. Each year has a different piece of the same puzzle. Overall, the puzzle will look at change and coping with change in lots of contexts, so changes as we grow up and enter puberty are seen as one sort of change that we can all cope with.

Teaching will be in mixed ability class groups, and all children will take part in lessons. Parts of the curriculum in Years 5 and 6 are delivered with the support of the School Health Service. School nurses, midwives and health visitors may visit the school and deliver elements alongside the Year 5 and 6 staff using agreed materials.

3.2. Responsibility

All class teachers have the responsibility for teaching Relationships and Sex Education, mostly through Jigsaw PSHE lessons, and also through Science and other subjects.

In addition, we will ask other professional bodies to come in and help deliver lessons on menstruation to Year 5 children and Sex Education to Year 6 children. Questions will be dealt with in a sensitive and appropriate way. Teachers and visitors will only answer questions they feel comfortable with and which are appropriate to the child's learning.

We consult with secondary schools about vulnerable pupils and pupils who have found the Relationships and Sex Education programme difficult to access due to their stage of development.

4. Child Protection

At Mountbatten Primary School we are very aware that children cannot learn effectively if they are concerned or frightened about being abused or being victims of violence in the home. Children have a right to expect that our school will be a safe and secure environment. Throughout Relationships and Sex Education work teachers must carefully watch out for fears or worries presented by children and this should not go unnoticed. It needs to be recognised that effective Relationships and Sex Education, which brings an understanding of what is and is not acceptable in a relationship, can lead to a disclosure of a child protection issue.

If it is suspected that a child is a victim of abuse or they have reason to believe that he/she is at risk of abuse, this should be dealt with in accordance with the school's Child Protection Policy.



If a member of staff is approached by a child who is sexually active or is contemplating sexual activity, this should be viewed as a child protection issue. It should be reported to a member of the Safeguarding team immediately and be logged on CPOMS so it can be dealt with accordingly.

4.1. Special Educational Needs

The Relationships and Sex Education programme is available to all pupils. Children with SEN will not be denied access to Relationships and Sex Education and their individual needs will be catered for. Appropriate staff will be made available to talk to pupils and work through issues if necessary to ensure needs are met.

4.2. Sexual Violence and Harassment

Sexual Harassment

Sexual harassment refers to unwanted conduct of a sexual nature that can occur online and offline and both inside and outside of school. This includes:

- Sexual comments
- Sexual “jokes” or taunting
- Physical behaviour
- Online sexual harassment

Sexual Violence

Sexual violence refers to an act which would be considered a sexual offence under the Sexual Offences Act 2003. This includes:

- Rape
- Assault by Penetration
- Sexual Assault
- Causing someone to engage in sexual activity without consent

We safeguard our children and staff against sexual violence and harassment through education and having a whole school approach which ensures children are educated on safe, healthy, respectful relationships. We have a behavior policy which is followed by all staff and respected by all. We do not tolerate violence of any sort, sexual or otherwise and will continue to embed our values within school from FS1 to year 6 and beyond to ensure children understand how to form meaningful, respectful relationships as they grow. The safeguarding policy and procedures are reviewed as and when needed by the safeguarding team and changes and updates are then given to staff immediately. The safeguarding team is known to all staff and displays inform members of the school community who to contact in regards to safeguarding matters. If a member of staff is concerned over the welfare of a student or member of staff and feel that someone is at risk of sexual violence or harassment, this will be logged on CPOMS or immediately reported to a member of the safeguarding team,



depending on the severity. Staff have annual training on keeping children safe in education and have read and signed to say they understanding the Keeping Children Safe in Education document and other relevant statutory documents and policies.

4.3. Parental Rights

Parents will be informed when the Year 5 children will be given a talk about menstruation. Parents will be informed when Year 6 children will begin their Sex Education. Parents will be invited to preview the material and will have the right to withdraw their child if they wish from selected lessons. Parents are not able to withdraw children from Relationship education lessons or lessons which meet science objects such as puberty.